Kids On Ice® PLUS **Advanced Figure Skating**

PLEASE NOTE: All KOI PLUS programs are a season-long commitment. The advanced nature of PLUS programs requires additional effort by skaters to attend all classes, be on time, and pay proper attention to instruction beyond what is expected in Basic



Saturdays Sep 7-Dec 21, 2019 / Jan 11-Feb 22, 2020

NO CLASSES ON NOV 30, DEC 28, JAN 4

The Kids On Ice® PLUS Advanced Figure Skating program is designed to teach Pre-Free Skate and above skaters the beginning skating elements of figure skating and introduce Moves in the Field, providing a bridge to US Figure Skating club membership and test structure.

Pre-Freeskate

10:40a-11:10a (Sep 7-Dec 14*)

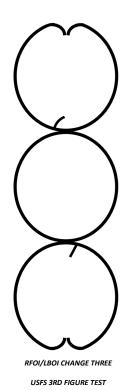
9:15a-10:05a (Jan 11-Feb 22)

Freeskate 1-6

9:15a-9:45a (Sep 7-Dec 14*)

9:15a-10:05a (Jan 11-Feb 22)

*Holiday show Dec 21!



PREREQUISITES: Age 5-18 AND passed Basic 6

RETURNING* student priority registration DEADLINE:

August 14, 2019

* Must have met the 2018-19 attendance requirement and register by the deadline to be guaranteed a spot.

NEW* student registration **DEADLINE: August 21, 2019**

*New students meeting prerequisites accepted on space-available basis & may be wait listed and/or selected by lottery. Confirmations emailed no later than early Sept.

2019-20 Season Fee: \$175.00

Includes:

- 22 classes
- **Dec 21 KOI Holiday Show**

Skaters are expected to participate in the Holiday Show (included) and FDIA'S Diversity Classic Competition (additional fee). In addition skaters may have the opportunity to participate in the National Capital Area Basic Skills Competition Series at rinks in the DMV area.





Class schedule:

Pre-Free Skate*:

10:00am Arrival & check-in
10:15am-10:25am Warm up (self-directed)
10:25am-10:35am Skates on/prep for class

10:40am-11:05am On-ice lesson

Important dates:

Sat Dec 21 Holiday Show

Sun Mar 8 Diversity Classic Skills Competition*

Sat Mar 14 Diversity Classic Speedskating Meet*

*additional fee to participate

FS 1-6:

8:45am Arrival & check-in 8:50am-9:00am Warm up (self-directed) 9:00am-9:10am Skates on/prep for class

9:15am-9:45am* On-ice lesson







Important Program Requirements & Information:

All KOI PLUS programs are a season-long commitment. The advanced nature of PLUS programs requires additional effort by skaters to attend all classes, be on time, and pay proper attention to instruction beyond what is expected in Basic Skills.

Attendance:

- Regular attendance is critical to a skaters' progress.
- Skaters are allowed up to 3 excused absences.
- Excessive absences and tardiness will impede progress & may affect the skater's ability to participate in special activities and events.
- Please contact Fort Dupont Ice Arena if a situation arises that would cause the skater to miss class.

Participation:

- Skaters are required to participate in the entirety of class each week
- With this in mind, skaters must take the ice with all items they may need (tissues, water, jacket, etc.) and having used the bathroom if needed.
- Less than full participation will severely impact ability to advance.

Clothing:

- Warm, form fitting layers such as: fitted skating pants/leggings, or skating skirt/dress and tights
- No loose-fitting or oversized jackets that may prohibit full body movement.
- Hair should be pulled away from the face and tied back at all practices.

On-time:

- Skaters must be dressed and ready to take the ice by 9:10 am.
- Skaters who are more than 10 minutes late will not be allowed to join the class, and will be marked as absent even if they are in the building.
- Skaters who forget their skates will not skate that day; however, to avoid being counted absent a skater may attend class from the hockey box.

Equipment:

- Figure skates are required.
- FDIA rental skates are not permitted.
- We have a limited supply of more advanced figure skates to loan. Please contact the Programming Office for details.
- Skaters who forget their skates will not skate that day; however, to avoid being counted absent a skater may attend class from the hockey box.

^{*}Beginning Jan 11, PFS will attend the class times listed below for FS 1-6.

^{*9:15}am-<u>10:05am</u> Beginning Jan 11

AND passed Basic 6

I am a:	RETURNIN	G student P	Priority deadline August	14, 2019			
□ 1	NEW stude	ent P	Priority deadline August .	21, 2019			
<u> </u>		*Please see fee sch	edule on next page.*				
◆ Form must be completed in	its entirety	with signature to be	accepted. Please print of	clearly!			
 Returning students from 201 Confirmation for all others a it is YOUR responsibility to 0 Maximum three excused ab Each skater must have a sep 	nnounced b call us for th sences to re	y email no later than e information.	early Sept. If you have				
Child's Full Name:							
Age:	DOB:		Grade (2019-20):		Gende	r: M	F
Parent(s)/Guardian(s):							
Address:							
City:			State:	Zip:		Ward (DC):
E-mail(s) *REQUIRED*:				,			
Home Phone:		Work Phone:	_	Cell Phon	e:		
Emergency Contact Person	:		Relation to child:				
Emergency Contact #:							
Does your child have any se	erious hea	Ith concerns that	could affect his/her	ability to	skate?	Yes	No
If yes, please explain:							
Highest Skill Level Passed (I	Basic Skills	s/USFS):					
Name of Private Coach (if a	ny):						
Parent(s) Place(s) of Employ	vment:						

Child's School:

Waiver of Liability

I certify that I am the person named below or the authorized parent or guardian of the child named below. I hereby agree to waive liability and hereby release any and all claims against Friends of Fort Dupont Ice Arena, its officers, employees and agents for injuries and damages of any nature whatsoever suffered by myself (and/or my child 18 years old or under, on whose behalf I am signing). During programs at the Facility or while at the Facility for any reason, whether on or off the ice surface and no matter whether arising in tort, contract or otherwise. If Friends of Fort Dupont Ice Arena is found liable for injuries or damages, I agree that my sole and exclusive remedy will be against Friends of Fort Dupont Ice Arena and not against any individual, regardless of fault. I acknowledge that ice skating and other physical activities at the Facility involve risk of serious bodily injury. I fully accept and assume all risks and all responsibility for all losses and damages incurred as a result of my participation and for my child's participation in these activities. I have read the Rules of the Friends of Fort Dupont Ice Arena (posted next to the Skate Shop) and will abide by them. I have explained the Rules to my child, and will cause my child to abide by them. I agree that the staff of the Friends of Fort Dupont Ice Arena may require withdrawal from any session of any skater who violates the Rules.

Photo release I hereby authorize Friends of Fort Dupited to video) of me or my child, and o because my participation is voluntary, images, no matter in what form. I furt confers upon me no rights of ownersh Arena and its employees, officers and o	ur names, for u I will receive n her agree that ip whatsoever,	ise in Friends of look in Friends of look in financial comp my participation nor any rights in	Fort Dupor pensation for in any pure to commend to the contraction of	nt Ice Arena from the ta blication o publicity,	a's printed king, pub r web site privacy or	d publicat lication, u produce otherwis	ions and ise or re d by Fri e. I rele	I web sites. Etention of ends of Fo ease Friend	. I acknowledge that the photographs or rt Dupont Ice Arena is of Fort Dupont Ice	
Print Parent/Legal Guardian's Nam	e	Parent/Le	gal Guard	ian's Sign	ature	Date	e Signe	d		
MPORTANT: We are often as	ked by our fo	unders for the	e followi	ng inforn	nation.	Please a	answei	to the b	est of your ability.	
1. Please describe your child's ra	cial/ethnic ba	ckground. Sel	ect one o	more of	the follo	wing:				
☐ Native American or Alaskan Native		☐ Asian		☐ Black or African Ameri		ican Hispanic or L		nic or Latino		
☐ Native Hawaiian/Pacific Islander		☐ South Asia	ın	□ White			□ Other			
2. I confirm my household incon	ne is:									
\$0 - \$19,999	S \$20,000 - \$39,999			S40,000 - \$59,999				\$60,000 - \$79,999		
\$80,000 - \$99,999	☐ \$100K - \$119K			☐ \$120K - \$140K				☐ \$150K+		
3. Number of persons living in h	ousehold (circ	cle one): 2	3	4	5	6	7	8	9+	
	KIDS O	N ICE ® PA	YMEN	Γ FORM	1					
Check here if financ	ial assistan	ce is request	ted.	☐ Co	mplete	d schol	arship	form is	attached.	
First Skater Name:						Amoun	t Owe	d:		
Sibling name:						Amoun	t Owe	d:		
Sibling name:						Amoun	t Owe	d:		

KOI PLUS Fee Schedule					
Program	Cost (1st skater)	Sibling Rate			
1st PLUS Program	\$175	\$60			
2nd PLUS Program	\$100	\$60			
3rd PLUS Program	\$60	\$60			
Sponsor a Child*	\$60				

Form of Payment:	Credit Card
Name On Card:	
Address:	
City, State, Zip:	
Card Type/#:	
Expiration Date:/	C V V:

TOTAL Owed:

^{*}FFDIA is a 501(c)(3) not-for-profit organization; your sponsorship is tax-deductible. Please consult your tax adviser.